



# LUNCH MENU

August 7<sup>th</sup> – August 11<sup>th</sup>



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast is served from 7:00 a.m. – 7:30 a.m.            Center's choice of Cereal, Breakfast Bars, Fruit or Toast with Milk or Juice</p>					
<b>A.M. Snack</b>	<b>07</b> Trix & Kits Rocks & Water	<b>08</b> Strawberries & Water	<b>09</b> Gogurt & Water	<b>10</b> Grapes & Water	<b>11</b> Bananas & Water
<b>Lunch</b>	Spaghetti w/Spinach, Garlic Bread, Grapes & Milk	Turkey & Cheese Lunchables, Pineapples, Carrots & Milk	Chicken Nuggets, Tater Tots, Watermelon Celery Sticks & Milk	Pancakes w/Sausage, Cantaloupe, Carrots & Milk	Fried Rice w/Eggroll, Mixed Veggies, Oranges & Milk
<b>P.M. Snack</b>	White Cheddar Cheez-Its & Water	Pudding & Water	Ritz Bitz & Water	Granola Bar & Water	Apple Sauce & Water

## Lamb of God Lutheran Church & School

\*Note: If you choose to send your child's breakfast and/or lunch, please refrain from sending foods high in sugar such as donuts, candy, desserts, etc.

For meal planning ideas: [www.Gerber.com/MealPlanner](http://www.Gerber.com/MealPlanner); [www.HealthyRequest.com](http://www.HealthyRequest.com)