



# LUNCH MENU



June 19<sup>th</sup> – June 23<sup>rd</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast is served from 7:00 a.m. – 7:30 a.m. Center's choice of Cereal, Breakfast Bars, Fruit or Toast with Milk or Juice					
<b>A.M. Snack</b>	<b>19</b> Raisins & Water	<b>20</b> Watermelon & Water	<b>21</b> Fruit Cocktail & Water	<b>22</b> Peaches & Water	<b>23</b> Grapes & Water
<b>Lunch</b>	Shepard's Pie, Cantaloupe, & Milk	Turkey Lunchable, Celery Sticks, Apple Slices & Milk	Chicken Burritos, Beans, Oranges & Milk	Meatballs, Gravy, Rice, Corn, Strawberries, & Milk	Mac & Cheese, Green Beans, Applesauce & Milk
<b>P.M. Snack</b>	Choc. Chip Cookie & Water	Cheez-Its & Water	Banana Surprise & Water	Pudding & Water	Pretzels & Water

## Lamb of God Lutheran Church & School

\*Note: If you choose to send your child's breakfast and/or lunch, please refrain from sending foods high in sugar such as donuts, candy, desserts, etc.

For meal planning ideas: [www.Gerber.com/MealPlanner](http://www.Gerber.com/MealPlanner); [www.HealthyRequest.com](http://www.HealthyRequest.com)