



LUNCH MENU



April 16th – April 20th

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast is served from 6:30 a.m. – 7:30 a.m. Center's choice of Cereal, Breakfast Bars, Fruit or Toast with Milk.					
A.M. Snack	16 Apple Slices & Water	17 Nutrigrain Bars & Water	18 Waffle Sticks w/ Syrup & Water	19 Blueberry Muffins & Water	20 Peaches & Water
Lunch	Cheese Pizza, Celery w/ Ranch, Pineapples & Milk	Ravioli, Corn, Pears & Milk	Grilled Chicken w/ Loaded Mashed Potatoes, Steamed Broccoli, Bananas & Milk	Beef Nachos, Carrots w/ Ranch, Fruit Cocktail & Milk	Hot Dogs, Chips, Cucumber Slices w/ Ranch, Mandarin Oranges & Milk
P.M. Snack	Animal Crackers & Water	Fruit Snacks & Water	Snack Mix & Water	Guppy Crackers & Water	Pretzel Goldfish & Water

Lamb of God Lutheran Church & School

*Note: If you choose to send your child's breakfast and/or lunch, please refrain from sending foods high in sugar such as donuts, candy, desserts, etc.

For meal planning ideas: www.Gerber.com/MealPlanner; www.HealthyRequest.com